

FREE, 24/7 SUPPORT FOR PEOPLE IN CRISIS

***Text 741741 from anywhere in the USA to text with
a trained Crisis Counselor.**

Every texter is connected with a Crisis Counselor, a real-life human being trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving.

All Crisis Counselors are volunteers, donating their time to helping people in crisis.

Crisis Text Line serves anyone, in any type of crisis, providing access to