

Irritable Bowel Syndrome/IBS

Sources and/or additional resources:

Up to Date: http://www.uptodate.com/contents/irritable-bowel-syndrome-beyond-the-basics?source=search_result&search=irritable+bowel+syndrome&selectedTitle=1~18

If you are a registered Millersville University student and you have questions or you need to make an appointment, please call Millersville University Health Services at 8750

P# 717871-5250 F# 71871-5252
<http://www.millersville.edu/healthservices>

Primary symptoms of IBS include abdominal pain and cramping, especially after having a bowel movement

- Changes in bowel habits
- Diarrhea and/or constipation
- Bloating, gas, and belching

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Rev. 08/2014