

Yeast infections

Vagina similar as yeast (Candida) infection. If they both come together, it's a yeast infection.

Interventions

Thrush is a yeast infection in the mouth. It's caused by Candida albicans. It's also a yeast infection.

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Signs and symptoms of yeast infection:

- Thick, white, "cottage cheese" discharge
- Pain, itching, or burning in the vagina
- Tenderness or swelling of the vulva
- Sore throat

Antibiotic treatment of bacterial vaginosis

Risk factors for yeast infection:

- Recent antibiotic use
- Unprotected sex
- Pregnancy
- Weakened immune system
- Hormonal changes
- Sexual partners with yeast infections

Treatment

Yeast infections are usually treated with antifungal medications. Metronidazole is used for bacterial vaginosis.

Yeast infections can be prevented by wearing breathable underwear, avoiding douching, and using condoms.

Use of probiotics may help prevent yeast infections.

Herbal remedies for yeast infection:

- Wear breathable underwear
- Wipe from front to back
- Douching is not recommended
- Avoid sex during a yeast infection
- If you have a yeast infection, avoid sex for a few days

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Searchables

Drug [https://pubmed.ncbi.nlm.nih.gov/201100000/](#) -yeast -infection -p -erog

Mayo [https://www.mayoclinic.org/diseases-conditions/yeast-infection/symptoms-causes/syc.201100000](#)

PubMed [https://pubmed.ncbi.nlm.nih.gov/201100000/](#) [https://pubmed.ncbi.nlm.nih.gov/201100000/](#) -19854.htm

If you are pregnant, you should avoid taking antifungal medications.

1-5250.