

## How to Study and Learn a Discipline

### Office of Learning Services

Name: \_\_\_\_\_ Date: \_\_\_\_\_ M#: \_\_\_\_\_

1.
  - a. Studying for exams
  - b. Making connections between classes
  - c. Reading articles outside of the classroom
  - d. Engaging in classroom discussion with peers
  
2. How do you jump start your ability to think within your field?
  - a. Understand the unity or underlying idea that forms the foundations of the subject
  - b. Create a hypothesis on what you think the field consists of
  - c. Participate in research opportunities
  - d. Both a and c
  
3. What is a competing system?
  - a. When views within a field are shared and can be proven
  - b. When views within a field are being developed
  - c. When a field has more than one underlying idea or system
  - d. When one field does not agree with the beliefs of another field
  
- 4.
  
  
5. What is one habit of a disciplined learner when reading?
  
  
  
6. What is the benefit of writing concepts or ideas from texts or lectures in your own words?
  - a. Helps you gauge how much of a topic you understand
  - b. Commit topic information to memory faster
  - c. To make studying easier

- d. Both a and b
7. How would a disciplined learner use speech to understand a topic better?
8. A disciplined learner uses listening to better understand course material by:
- a. Questioning Classmates Logic
  - b. Entertaining a classmate's point of view
  - c. Asking classmates to expand on their ideas
  - d. All the above
9. (T/F) Learning is driven by answers, NOT by questions.
- a. True
  - b. False
10. When can you take questions about the fundamentals of a field off your question list?
- a. When