

1. Yes No I don't make a plan or schedule for my study time. I just study when I have time.
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15. Yes No I don't make a plan or schedule for my study time. I just study when I have time.

3. Y N If I spend as much time on my social activities as I want to, I don't have enough time left to study, or when I study enough, I don't have time for a social life.

distracted.

6. Y N I go to class, but I usually doodle, daydream, or fall asleep.

7. Y N My class notes are sometimes difficult to understand later.

8. Y N I usually seem to get the wrong material into my class notes.

9. Y N I don't review my class notes periodically throughout the semester in preparation for tests.

10. Y N When I get to the end of a chapter, I can't remember what I've just read.

11. Y N I don't know how to pick out what is important in the text.

12. Y N I can't keep up with my reading assignments, and then I have to cram the night before a test.

13. Y N I lose a lot of points on essay tests even when I know the material well.

14. Y N I study enough for my test, but when I get there my mind goes blank.

15. Y N I often study in a haphazard, disorganized way under the threat of the next test.