

Introduction:

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) requires Millersville University, an institution of higher education (IHE), to certify it has implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by Millersville students and employees on its premises and as a part of any of its activities. At a minimum each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students; and
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct.

The law further requires that the institution conduct a biennial review of its program with the

Office of Student Conduct and Community Standards;
Millersville University Police Department;
Office of the Vice President for Student Affairs.
PA State System of Higher Education;
Title IX Office
University Housing and Conference Services (formally known as Housing and Residential Programs).

The intention of this document is to meet the legal requirements of conducting a biennial review and also summarize the programs and activities related to alcohol and drug prevention on Millersville University's campus during the 2020-2022 Academic year/calendar year.

The following information was examined for the biennial review:

Prevention (T)

transportation of intoxicating beverages; carrying a false identification card and using same to obtain or attempt to obtain liquor. In addition to fines for conviction of these offenses, the court will order the motor vehicle operating privileges of the person suspended, and a copy of the order will be sent to the Department of Transportation. The suspension will be 90 days for the first offense, one year for the second, two years for any offense thereafter.

2.

harmful effects.

Cannabis smoke produces all of the harmful effects of tobacco smoke. Cannabis smoke contains about 50% more benzopyrene and nearly 75% more benzanthracene, both known carcinogens, than a comparable quantity of unfiltered tobacco smoke.

Alcohol is frequently associated with sexual violence, date rape, poor sexual decisions as well as accidental injury and death. Alcohol is associated with over 1825 deaths of college students each year.

Chemical dependency is treatable. With an understanding of the disease and its impact on the lives of employees and students, family members and friends can take necessary steps to help reduce enabling behaviors. Staff members at Health Services, Human Resources, the Center for Health Education and Promotion, Title IX Office, Office of Learning Services, and the Center for Counseling and Human Development can provide additional information and services relating to substance abuse, including:

Accidents due to impaired judgment

Unwanted sexual activity

Physical damage to include heart, lung, and liver problems

Physical and psych

Pennsylvania, hereby declares as its policy that the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited at any workplace under the authority of the Board of Governors. Any employee violating the policy will be referred to the Commonwealth's employee assistance program and/or disciplined, in an appropriate manner, up to and including termination. Discipline, when appropriate, shall be taken under relevant provisions of collective bargaining agreements, Civil Service Commission policy, or other human resource policies adopted by the Board of Governors.

Drug Free Work Policy:

https://www.passhe.edu/inside/policies/BOG_Policies/Policy%201989-

- language, disorderly behavior, and amplified sound.
- O. All Millersville University policies are enforced throughout the campus including the tailgating areas. Millersville University Police or any other law enforcement has the authority to remove any individual or group who does not abide by these policies.
 - P. Millersville University is not responsible or liable for accidents, damage, loss or theft of materials, items, or personal property.

Tent/Canopy Guidelines:

- A. car or within a parking space. There must be a clear path for traffic at all times.
- B. Tents or canopies must be secured at all times to ensure the safety of all patrons

Athletics Substance Abuse Policy

The Athletics Substance Abuse Policy was approved March 2017. The main goal of the Millersville University Department of Athletics substance abuse policy is to protect the health and welfare of the University's student-athletes. This policy requires student-athletes to engage in substance abuse education, testing, and if necessary, rehabilitation. The Department of Athletics will review this policy on an annual basis and will revise it as needed. Additional information can be gathered by contacting the Department of Athletics. The policy can be viewed at:

<https://www.millersville.edu/about/administration/policies/pdf/administration/athletics-substance-abuse.pdf>

Open Container Ordinance

The Borough of Millersville has open-container ordinances.
Chapter 114: Alcoholic Beverages; Article I: Open Containers

<https://ecode360.com/9652892>

Disorderly Conduct

Prohibited acts within the Borough of Millersville include but not limited to be found drunk or intoxicated or under the influence of alcohol or a controlled substance upon any public street or

is violated shall constitute a separate offense, and each day during which any person violates any provisions of this chapter shall constitute a separate

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is available online at: <https://ecode360.com/30677853>

Student Code of Conduct

Millersville University wants to ensure that all our students and student organizations have a rich and worthwhile educational experience in a civil environment. To maintain such an environment, Millersville University has adopted this Student Code of Conduct in support of its mission to prepare students to become well-rounded individuals who become involved in productive roles as civic and community-engaged leaders and citizens. The Student Code of Conduct reflects the University community's concern that students and student organizations on our campus and in our communities maintain the highest standards of conduct. It guarantees due process and protects the individual freedoms of our students while holding students accountable for conduct that violates the terms of the Code. Disciplinary action may be imposed on a student whose conduct violates the Code, whether that conduct occurs on or off campus. The Student Code of Conduct details the rules and regulations for students and student organizations. It is reviewed annually by the Office of Student Conduct and Community Standards. Amendments to the Code must be approved by Millersville University's President and Council of Trustees.

Millersville University students are governed not only by local, state and federal laws, but also by regulations of the Millersville University Code of Conduct. "Student" for the purposes of the

on campus or any affiliated campus property or event without the express written permission of the Vice President for Student Affairs. All approved service of alcohol must adhere to the Alcoholic Beverages Administrative Policy.

Alcoholic Beverages Administrative Policy:

<https://www.millersville.edu/about/administration/policies/pdf/administration/alcoholic-beverages.pdf>



The following activities are prohibited:

- Conduct involving the personal consumption and/or possession of alcohol in violation of the law on or off campus (V.2.A)
- Distribution of alcoholic beverages to minors (those under the age of 21) (V.2.B)
- Knowingly being in the presence of unauthorized use, possession or distribution of alcoholic beverages (V.2.C)
- Public drunkenness (V.2.D)
- Violations of the University Alcoholic Beverage Administration Policy (V.2.E)

Acts involving the manufacture, distribution, sale, exchange, use, offer to sale or possession of illegal drugs, narcotics, drugs not prescribed for the person in possession of the drug, or drug paraphernalia are prohibited. The following activities are also prohibited:

- Knowingly being in the presence of unauthorized use, possession or distribution of drugs. (V.3.A)
- The use of counterfeit or synthetic substances, frequently referred to as "designer drugs". (V.3.8)
- Failure to comply with any existing University policy regarding medical marijuana. Marijuana (cannabis) is a controlled substance under federal law, and its possession and use, even for medical reasons, is prohibited on property owned or operated by the University or at university-sponsored or affiliated programs and events.

Responsible Action Policy

Millersville University holds the safety, security and well-being of its students as one of its highest priorities. The University prides itself on offering all of the benefits of a public institution while preserving a caring, individualized community. Millersville University recognizes that a student's concern for potential disciplinary action while under the influence of alcohol and/or other substances may hinder a student's actions in response to seeking assistance in certain emergency situations and/or reporting incidents. It is imperative that medical attention be sought should concerns arise for a person's own safety or the safety of others. This policy is intended to increase the reporting of incidents requiring emergency assistance during a life-threatening or drug/alcohol-related illness and will in turn result in increased safety for students and the campus

community.

As such, medical amnesty is in effect to ensure those students who seek assistance for another individual who may have consumed excessive alcohol or other drugs will turn to the appropriate personnel to seek emergency medical assistance without fear of being cited for a violation under the Commonwealth of Pennsylvania's Crimes Code or charged by the University for violating Section V.2.A, Alcohol or V.3, Drugs of the Student Code of Conduct if all the following conditions are met:

1. The only way law enforcement officers or University officials became aware of the person's violation of the Student Code of Conduct is because the person placed a 911 call, or a call to campus safety, police or emergency services, in good faith, based on a reasonable belief and reported that another person was in need of immediate medical attention to prevent death or serious injury.
2. The person reasonably believed they were the first person to make a 911 call or a call to campus safety, police or emergency services and report that a person needed immediate medical attention to prevent death or serious injury.
3. The person provided his/her own name to the 911 operator or equivalent campus safety, police or emergency officer.
4. The person remained with the person needing medical assistance until emergency healthcare providers arrived and the need for the person's presence had ended.

Potential Consequences of Being in Violation of Alcohol and/or Drug Policy

The following are general University sanctions which may be imposed upon a student or an organization that is found responsible for a violation of the Student Code of Conduct. This list is not intended to be exhaustive, and the University and its agents reserve the right to impose additional sanctions to ensure the highest standards of conduct. Counseling, treatment programs, restrictions from facilities, or other conditions may be imposed when deemed appropriate. The University may impose any combination of the following sanctions:

Interim Suspension - Pending final action on charges of violating the Student Code of Conduct, the student may be subject to immediate suspension or loss of privileges if it is determined by the Vice President for Student Affairs or designee that the student's presence on campus may constitute a threat to the health, safety and welfare of the University community. In addition, a student may be placed on interim suspension if the student poses an ongoing disruption of, or interference with, the normal operations of the University.

If a student is placed on interim suspension, an administrative hearing will be held. BT/F4e BT/F7(a4(pe)7(ns)14(i)6

mental-health concerns that may impede the student's ability to effectively participate on his/her behalf. In such matters the Vice President for Student Affairs or designee will have sole discretion. During a period of interim suspension, students may not continue to participate in classes or

found responsible for violations to campus resources to assist, educate or monitor the

community and may include limiting access to areas to avoid incidental contact. Restricted contact includes direct interactions in person or through technology as well as the use of third parties to interact

Off-campus counseling: The student will need to provide verification from an off-campus, verified, licensed counseling professional stating that the student has entered counseling and is complying with the treatment plans and/or recommendations of the treatment provider. This verification should include a written statement that the treatment plan will include the following outcomes:

1. development of effective coping strategies to help deal with the pressures (peer and otherwise) one is facing,
2. plans to achieve a healthier balance in life, and
3. identification of tools and resources to achieve

Parental notification

Educational Records Privacy Act (FERPA).

Probation: This level of probation is intended to provide the student an opportunity to reflect on and learn from their conduct while increasing their awareness of the impact of their conduct on themselves and ot

Additional violations during this period will result in more serious sanctions by the Office of Student Conduct & Community Standards.

Reprimand: A student shall be warned, in writing, not to violate the Student Code of Conduct in the future. Additional violations may result in more serious disciplinary action.

Restorative practices: Restorative action holds students responsible for violating the Code accountable for their conduct by involving them in face-to face encounters with the people they have harmed/impacted. The restorative action seeks to develop good relationships and restore a sense of community.

Service restitution: Students may be required to perform a community service to assist in

education and online courses, taking exams and/or receiving grades, participating in University activities and being present on University-owned or -controlled property.

2. During a period of suspension, if a person is found to be present on University property without permission from the Office of Student Conduct & Community Standards, they will be subject to arrest for criminal trespass.
3. Persons are not entitled to a monetary refund for tuition, housing or a meal plan. (Please reference the Department of University Housing and Conference Services and Office of Student Accounts fee schedules for more details.) If living on campus, a student must make arrangements to vacate within 48 hours or less. The time period will be determined by the hearing officer.
4. In order to be eligible for readmission, a person must comply with all aspects of the suspension letter. Readmission is contingent upon completion of the suspension period, fulfillment of sanctions, if any, and the approval of the Vice President for Student Affairs or designee.

Inactivation: Temporary loss of University recognition and campus privileges for a designated period of time not to exceed five years imposed upon a student organization.

Termination of University recognition

of the Office of Student Conduct and Community Standards through an online report through software. The Student Conduct Handbook details the conduct process of violations of the Alcohol and Other Drug policies. Each incident is reviewed on a case-by-case basis following due process for our students.

Intervention

Millersville University has several options available for students and employees who need to address alcohol and other drug abuse issues. Students can obtain assessment and treatment of substance abuse disorders at the Center for Counseling and Human Development. Students who violate the University Alcohol Policy participate in a two-part BASICS intervention program consisting of a group meeting and an individual personalized feedback session. The Center for Counseling and Human Development can assist in referrals to off-campus treatment services. Staff members at Health Services, the Center for Health Education and Promotion and the Center for Counseling and Human Development can provide additional information and services relating to substance abuse problems.

In 2020-2021 twenty-three students were referred to BASICS Groups and 20 completed the two-part program. Four students attended Individual BASICS and 2 students completed the two-part program.

During 2020-2021 our AOD counselor had 195 individual appointments with students and approximately 75-80% of these were AOD related.

In fall 2019, Millersville University assistant professor in the School of Social Work secured a \$1.35 million three-year grant to help combat the opioid crisis. The Opioid Workforce Expansion Program alleviates the financial burden for students to obtain specialized education in addition, prevention, treatment and recovery. While opioids are in the title of the grant, education received by the students is focused on all addictions.

Resources for Assistance

All students and employees are encouraged to seek early help if they feel they have a problem with alcohol and/or other drugs, and to learn how to assist others with substance abuse concerns. With early assistance it is less likely that serious consequences will result from an alcohol or other drug concern.

There are resources on campus and in the community for assistance. Employees with questions are directed to Human Resources, located in the Dilworth Administration Building, Room 105, 717-871- 4950.

Some other resources include:

attended these events.

Peer Education

As peers are one of the most significant sources of health information among college

time- and stress-management, STI prevention, sexual violence risk reduction, active bystander interventions, addictive behaviors related to alcohol and other drugs, cultural competence, as well as chronic diseases. Collaboration between Academic and Student Affairs allowed for updating the timing of when the information related to alcohol and other drugs was presented in class. In addition, data from the Student Success portals was utilized to help students learn those areas that were not correctly identified within the portal's posttest. This assisted in providing students with useful skills to appraise risk, reduce harm and understand the effects of alcohol and drug use especially in the context of University life.

Stall Talk

Stall Talk (restroom newsletter) articles were published and included Alcohol and Other Drug and Social Norm information.

Alcohol Awareness Week Activities

To address the increased risk of dangerous drinking and drug use associated with

months. 65.9% of male students, 64.9% of female students, and 35.0% of trans/gender non-confirming students reported they never used marijuana.

Within the last 3 months, students reported the following factors affecting their ability to do what was normally expected of them because of their usage:

Alcohol use: 5.8%
Cannabis use: 15.1%

AOD Strategic Plan

At the recommendation of the PA State System of Higher Education Alcohol Coalition, a campus specific strategic plan was developed to identify a specific mission, goals and objectives of the AOD abuse prevention program at Millersville University. The work of the strategic plan is executed through action teams assigned to work on each goal area. The Strategic Planning document for the 2020-2023 academic year is:

Vision Statement:

We seek to engage the campus community in awareness of AOD issues, recommend treatment resources and services, support students in recovery, develop and recommend policy, and educate faculty, staff, and students.

Mission Statement:

The Alcohol and Other Drug Task Force of Millersville University will provide a framework for a comprehensive approach to alcohol and other drug abuse prevention and response that contributes to student success and the health and safety of our community.

Goal 1: Develop Clear University-Centered AOD Policies.

Objective 1: Review current Alcohol and Other Drug policies, violations, sanctions, and enforcement strategies against best practice.

Action 1: Collect existing policies, violations, sanctions and enforcement strategies.

_____ strategies.

Action 4: Work with key stakeholders on policy, violation, sanction and enforcement strategy recommendations.

Objective 3: Obtain approval of updated policies, violations, sanctions and enforcement strategies.

Action 1:

Action 4: Creating four-year curriculum.

Action 5: Obtaining feedback from key stakeholders.

Action 6: Work collaboratively with faculty to suggest curriculum infusion regarding AOD. Create a training program for faculty to encourage curriculum infusion.

Objective 2: Identify existing programs and processes.

Action 1: Develop tool for data collection.

Action 2: Compile information on existing programs and processes.

Action 3: Identifying student perceptions of existing efforts.

Objective 3: Determine where existing efforts align with education model.

Action 1: Comparing best practice model to existing efforts.

Action 2: Assigning existing programs to appropriate place within the model.

Action 3: Catalogue gaps in programming.

Objective 4: Assess identified gaps and develop further education programs.

Action 1: Identify missing programming.

Action 2: Identify who is responsible for providing missing educational pieces.

Action 3: Engage students and faculty in AOD research and the development of further education programs.

Objective 5: Work with Human Resources to ensure ongoing AOD education for university employees
Action 1:

Action 2: Identify opportunities to offer professional development opportunities and grant funding to support campus AOD projects and research.

PASSHE Alcohol and Other Drug Coalition

Several members of the University participate in efforts coordinated by the PA State System of Higher Education to strategically address AOD prevention, intervention and policy efforts through a concerted effort across the system.

Summary of AOD Program's Strengths and Challenges

Strengths:

Staff with strong commitment, energy and enthusiasm for prevention work.

Good communication between University departments regarding alcohol related issues and events.

The prevention program at the University has a cross section of support from the campus. Faculty, staff, and students are involved and invited to provide input on the development, and continuous improvement, of the program.

Alcohol and other drug issues are seen as vital to student success.

Strong support from the Vice President of Student Affairs

Prevention efforts, *AOD Student Wellness training*, embedded in Orientation of New to Millersville students.

Excellent clinical work in the substance abuse area by AOD Counselor/Faculty at the Counseling Center.

Participation in the PASSHE Coalition of Universities.

There are assessment measures in place to evaluate the program, and there is an effort to utilize assessment to improve the program. Example includes participation in American

to work collaboratively both in and out of the classroom.
Strong Peer Health Education program through the Center for Health Education and Promotion.
Funding from grants and university dollars to support the program.
The linkage to the student conduct process that focuses on treatment and creates a system to monitor and track students who are identified through the student conduct process.
Update and implementation of the Responsible Action Policy.
Implemented medical marijuana policy.

Challenges:

Ensure that AOD prevention efforts continue through the turnover of key personnel.
How to better embed AOD topics into the four-year curriculum.
With all that we are doing, AOD abuse remains a significant concern.
Intervention efforts extend beyond when a student violates a university policy.
Finding effective communication streams with students to provide AOD education, policies and resource information.
Narrow down to better understand the trends of AOD use.
Continue

nontraditional age students, graduate students, and students living off campus.

5. Explore external funding streams to enhance AOD efforts.
6. Update and review current AOD policies and incorporate tobacco.
7. Faculty and staff education to support students.
8. Explore increase education, training and administering Narcan.
9. Physical copies of the report are located in key offices (e.g., Office of Student Affairs, Provost, Office of Human Resources